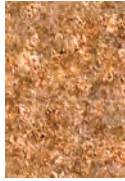


*Health & Nutrition to
Maximize Your Life*



MAXIMUM
Living[®]

Quality Supplements

Our Family has been Serving Your Family for more than 15 Years

Welcome to



Thank You

for taking your time to review our catalog. For those of you who are returning customers, please know how much we appreciate your continued loyalty to the Maximum Living brand of quality supplements. We look forward to serving you for many years to come. - [The Staff at Maximum Living.](#)

Studies have shown that with a proper diet, a consistent exercise program, adequate water intake and a quality vitamin and supplement program we provide our body the optimum components needed for vitality & health.

Our Commitment to you

Courteous and supportive customer service

Our staff will receive your call with a smile, answer any product related questions and courteously take your order in an unhurried and relaxed manner.



Quality

Our manufacturing and testing processes have been aggressively designed to ensure our goal of producing superior products for you, our customer.

Timely order fulfillment

Order before 12 pm Pacific Time and your order will ship the same day. Just as our supplements take care of you, we want our customer service to provide the same quality of care. In addition, direct retail orders totalling more than \$95 of product will receive free shipping within the continental U.S.A.

30-day money back guarantee

If, for any reason, you are not satisfied with any Maximum Living product, return it within 30 days (to the place of purchase or contact us directly) and we will gladly replace or exchange it, or provide a refund. Customer satisfaction is and always will be our primary focus.



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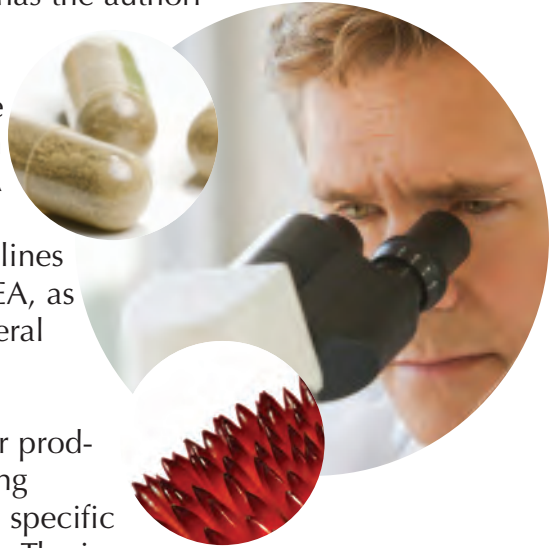
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Quality Assurance

The Quality Control & Quality Assurance practices at Maximum Living:

Consist of stringent procedures and quality checkpoints that are managed and controlled by a team of educated and experienced individuals. Our QC/QA staff has the authority to reject ingredients and finished product. The QC/QA team monitors and controls the manufacture of our products in compliance with the strict FDA proposed GMP (Good Manufacturing Practices) guidelines for Dietary Supplements, DSHEA, as well as all local, state, and federal regulations.



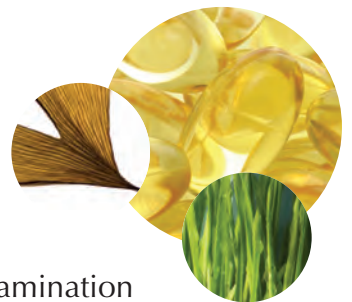
Each ingredient included in our products is reviewed and tested using appropriate analytical methods specific to the nature of that ingredient. The ingredients are then designated with a unique identification code and assigned a unique tracking number, thereby providing a failsafe mechanism to prevent the misidentification of ingredients.

Review and testing continues through the various stages of the manufacturing process:

- 1) Raw materials
- 2) After blending is completed
- 3) In line during the manufacturing process
- 4) Finished product, prior to bottling
- 5) Packaged product

The ingredients are tested for:

- Identification
- Potency
- Heavy metal & microbiological contamination



The products are also tested for:

- Compliance to product label specifications
- Quality and consistency of tablet/capsules

The testing is performed onsite in our state-of-the-art lab. In all, our comprehensive quality program depicts the importance of our vision and the strength of our commitment to provide quality nutritional supplements to you, our most valued customer.

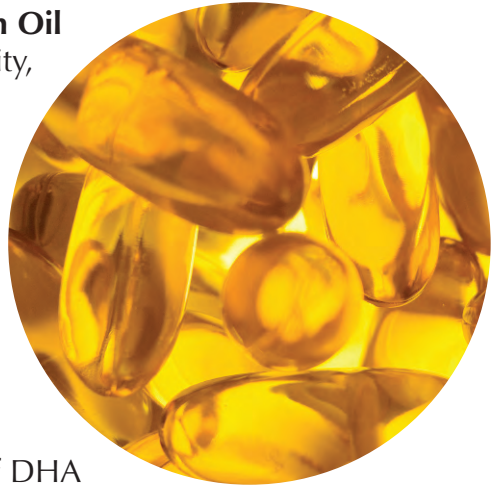


NEW!

Omega-3 Fish Oil

Maximum Living's Omega-3 Fish Oil

is comprised of the highest quality, all natural fish oils rich with essential Omega-3 fatty acids in their naturally existing ratios. Omega-3 fatty acids are necessary for optimal mental and physical health, and must be derived from either our diet or through supplementation.



One Soft gelatin capsule offers:

- 180 mg of EPA and 120 mg of DHA
- Supports Healthy Brain Function*
- Cardiovascular Support*
- Supports the body's natural anti-inflammatory response*
- Nourishes bones and joints*

Omega-3 fish oil is favored and, in fact, recommended by many healthcare practitioners. The Omega-3 Fish Oil used in this soft-gel formulation is harvested from deep coldwater fish, extracted by a cold press method, then distilled for purity. This product far surpasses national and international standards for environmental pollutants, including dioxins, PCB's, pesticides and heavy metals.

BASICS Getting Started with the Right Supplements

“The original liquid mineral supplement”

MineralRich[®]

A balanced blend of over 70 trace mineral and essential minerals, combined with vitamins B12 and biotin (B7), in liquid form for effective and rapid absorption. Delivering a broad range of nutritional support for muscles, bones, teeth, hair, skin, and nails.*

#010 32oz \$24.95



MineralRich[®] Plus Aloe

Same great product with Aloe for those that wish to soothe and nourish sensitive digestive systems.

#015 plus Aloe 32oz \$26.95



VitaSprout[®]

VitaSprout – an improved multi-vitamin formula that is high in B-complex vitamins from organic vegetable sprouts, the most potent form of nutrients. A comprehensive blend of high quality vitamins and minerals with an array of concentrated whole-food nourishment to nutritionally assist your body’s natural defenses and support your total health.

Big news! We have added vitamins D & K;

- Vitamin D for mineralization and calcium absorption
- Vitamin K to facilitate the retention of calcium in the bones

Contains ingredients derived from milk

#055 120 capsules \$23.95



Complete supplement facts on page 15 & 16

www.maximumliving.com
Toll Free: 1-800-647-5749

*This statement has not been evaluated by the Food and Drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Solu-C[®] capsules, Probiotic Blend, Borage Oil

GREEN TEA CONTAINS SEVERAL SUBSTANCES COLLECTIVELY CALLED POLYPHENOLS THAT HAVE DISPLAYED POTENT ANTIOXIDANT EFFECTS AND OTHER CANCER COMBATING PROPERTIES. APPROXIMATELY 90 PERCENT OF POLYPHENOLS FOUND IN GREEN TEA ARE CALLED CATECHINS. GREEN TEA CONTAINS THREE TIMES THE QUANTITY FOUND IN BLACK TEA.

Source: www.emaxhealth.com



Solu-C[®] capsules

An advanced source of vitamin C that combines the bioflavonoid boosting benefits of citrus and green tea. Vitamin C is a primary antioxidant that feeds the immune system, contributes to healthy heart function, and assists in the formation of collagen, which in turn protects the integrity of the body.*

#070 60 capsules \$12.95
#080 90 capsules \$14.95



Probiotic Blend

A combination of four strains of beneficial intestinal microflora including:

- Lactobacillus acidophilus
- Bifidobacterium
- Lactobacillus salivarius
- Lactobacillus rhamnosus

Our blend is combined with an advanced BIO-tract[®] technology that protects these probiotics from probiotic-destroying gastric acids. The result is optimal viability and active delivery of the probiotics to the intestines where they belong. Maximum Living's probiotic is even more convenient because our formulation does not require refrigeration.

Contains ingredients derived from milk

#265 60 tablets \$19.95



Bio-Tract[®] is a patent pending technology and registered trademark of the Nutraceutix, Inc.



Borage Oil

A polyunsaturated, omega-6 fatty acid that contains more gamma-linolenic acid (GLA) than any other source found in nature and remains unrivaled in cost effectiveness when compared to evening primrose and black currant oils. The additional oils contained in this formula, oleic and linoleic, complete the recipe for essential fatty acids necessary for optimum health and personal well being.*

#100 30 soft gel capsules \$13.95



Complete supplement facts on page 16 & 17

www.maximumliving.com
Toll Free: 1-800-647-5749

Solu-C[®] Powder, Solu-C[®] Chewable & Amino Acids

VITAMIN C

Solu-C[®] Powder

A buffered, high quality super C powder that delivers the nutritional equivalent of approximately 12 oranges in each teaspoon serving. Fortified with citrus bioflavonoids and rutin, the powder can be mixed into food or beverages.

#160 16 oz \$44.95



FACT: VITAMIN B'S AND C'S ARE WATER SOLUBLE AND ARE NOT STORED IN THE BODY FOR ANY LENGTH OF TIME. THEY ARE PASSED THROUGH THE BODY QUICKLY AND NEED TO BE REPLENISHED FREQUENTLY.



Solu-C[®] Chewable

Our chewable is a comprehensive synergistic blend of vitamin C, citrus bioflavonoids, red grape proanthocyanidins, and quercetin from rutin that offers an arsenal of antioxidant defense. These natural berry flavored, easy to chew tablets are also buffered for gentle assimilation.

#185 120 chewable tablets \$19.25

ADDITIONAL SUPPORT

Amino Acids

In various combinations, some or all amino acids provide the basic material that fuels the body to create over 60,000 different proteins and known enzymes that in combination help promote a longer life of optimal health.* Ours is comprised of 21 essential and supporting free-form, all natural amino acids derived from a high quality, hypoallergenic whey source.

Contains ingredients derived from milk

#140 100 capsules \$24.95



Complete supplement facts on page 17

www.maximumliving.com
Toll Free: 1-800-647-5749

3

*This statement has not been evaluated by the Food and Drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

OptiMax[®], Antioxidant & E-400



OptiMax[®]



A broad spectrum blend of 29 vitamins, minerals, herbs and phytonutrients that have been carefully selected and combined into a formidable team of ocular support. Included in our formulation are the supporting nutrients zeaxanthan, lycopene, bilberry, lutein, amino acids, bioflavonoids and other protective carotenoids round out our proprietary blend.

#190 120 capsules \$39.95

Antioxidant

This free radical ravaging formula includes vitamin A derived from natural beta-carotene, vitamins C and E; the mineral antioxidants chromium, selenium and zinc in combination with a selection of herbal components and the potent mitochondrial amino acids glutathione, methionine, and cysteine. Additional ingredients include the free radical quencher alpha lipoic acid and the flavonoids ginkgo biloba and grape seed.



#90 60 capsules \$16.95

E-400



Long term research has revealed that vitamin E can have a favorable nutritional impact in supporting the cardiovascular, immune and nervous systems.* Our's incorporates d-alpha tocopherol, recognized as the most active form of natural vitamin E in humans and is delivered in an easy to swallow softgel capsule.

#035 60 softgel capsules \$14.95

Complete supplement facts on page 17 & 18

ProstaBlendTM, Little Angels[®], & Angel-C[®] Chewable

FACT: OVERALL, THE NUMBER OF MEN WITH BPH INCREASES PROGRESSIVELY WITH AGE. BY AGE 60, 50% OF MEN WILL HAVE SOME SIGNS OF BPH. BY AGE 85, 90% OF MEN WILL HAVE SIGNS OF THE CONDITION.

Source: webmd



ProstaBlendTM

Our formula merges the well-known benefits of saw palmetto and pygeum with the antioxidant protection of lycopene, zinc, and selenium, all in combination with a blend of proprietary ingredients to promote healthy prostate function and optimum urinary tract support.*

#235 60 capsules \$22.95



CHILDREN'S SUPPORT



Little Angels[®] (chewable)

An advanced blend of 23 essential vitamins, minerals and trace minerals blended in proper proportion and uniquely formulated to meet the nutritional needs of your "little angels". Are you an adult with problems swallowing? If so, you should consider either of these chewable products for your daily vitamin and mineral needs.

#120 60 tablets \$12.95



FUN FACT:

- TOP OFF A BOWL OF CEREAL WITH A SMILING FACE FROM BANANAS FOR EYES, RAISINS FOR A NOSE, AND AN ORANGE SLICE FOR A MOUTH.
- MAKE FROZEN FRUIT KABOBS FOR KIDS USING PINEAPPLE CHUNKS, BANANAS, GRAPES AND BERRIES.

Source: www.cdc.gov

Angel-C[®] (chewable)

NOW IN A "SUGAR FREE" formulation, with an enhanced blending process for an improved natural fruity flavor. The same comprehensive blend as Solu-C[®] Chewable, only formulated for children.

#175 60 tablets \$15.25



Complete supplement facts on page 18 & 19

www.maximumliving.com
Toll Free: 1-800-647-5749



DIGESTIVE SUPPORT

Hyssop Cleanse[®]



An effective yet gentle blend that combines the extraordinary properties of hyssop with psyllium and oat bran, two excellent sources of fiber. This blend has been further augmented with lacto-bacillus acidophilus, whey, alfalfa, and goldenseal in addition to other beneficial, nutrient rich herbs and minerals specifically chosen for this favorable high-fiber formula. In combination, these ingredients serve to promote and maintain regularity, along with helping to ensure the very best in digestive health.

Consumption of soluble fiber from whole oats or psyllium may help reduce the risk of coronary heart disease.

Contains ingredients derived from milk

#245 240 tablets \$18.95

KEY ADVANTAGES OF PSYLLIUM:

- BEST NATURAL LAXATIVE WITHOUT COLIC PAIN
- COMPLETE COLON CLEANSE ELIMINATES TOXIC WASTE
- NOURISHES THE FIVE MAIN DETOXIFYING ORGANS

Source: www.psylliumindia.com

Enzyme Ease[®]

A multi-digestive proteolytic enzyme formula, offering the profound health benefits of pancreatin, bromelain, papain, lipase, amylase, trypsin, and alpha chymotrypsin, with the bioflavonoid boost of quercetin from rutin.

#260 120 tablets \$24.95



Multi-Enzyme



This product contains a high quality combination of amylase, betaine HCl, protease, cellulase, lipase, lactase, and papain. These ingredients are rapidly integrated into the system to promote the digestion of proteins, carbohydrates and fats. Suitable for vegetarians.

#130 90 tablets \$16.95

Complete supplement facts on page 19 & 20

HEART HEALTH SUPPORT & ESSENTIAL FATTY ACIDS

Flax Seed Oil

The oil extracted from flaxseed is generously rich in omega-3 fatty acids and contains naturally occurring vitamin A, E, trace minerals, and amino acids. Flaxseed oil contains significant amounts of health enhancing, essential fatty acids (EFAs), which the body cannot generate on its own.



#270 120 softgel capsules \$12.95

MAXIMUM LIVING'S FLAX SEED OILS ARE DERIVED FROM CERTIFIED ORGANICALLY GROWN CROPS, EXTRACTED BY THE COLD PRESS METHOD USING NO SOLVENTS. ADDITIONALLY OUR FLAX & BORAGE OILS ARE CONVENIENT TO USE AND STORE, WITH NO REFRIGERATION REQUIRED.

CoQ10



While our bodies production of CoQ10 declines as we age, our need for it does not. Our CoQ10 is formulated to supplement your body's own production of this vital cofactor and combines the powerful and natural antioxidant allies of CoQ10, vitamin E and the mineral selenium, with lecithin derived phospholipids to support optimal assimilation of fats and absorption of fat soluble nutrients.

#115 30 capsules \$21.95



Folic Acid ODT (orally disintegrating tablet)

Functioning (along with B12) as a coenzyme, folic acid plays a role in both regulating nervous system tissue and supporting the vascular system. The ODT delivery approach is designed to enhance the bioavailability of these essential micronutrients. Folic acid taken during pregnancy may help reduce the risk of neural tube birth defects.

#290 30 tablets \$10.50

Complete supplement facts on page 20



IMMUNE SUPPORT



m-u Boost®

This is a superior blend of immune supporting nutrients, including reishi mushroom, Andrographis paniculata, Echinacea purpurea, Goldenseal, alpha lipoic acid, zinc and selenium. Supports a healthy immune system.*

#280 90 capsules \$19.95



FACT: THE ACTIVE INGREDIENT IN MUSHROOMS ARE THE BETA-GLUTAN MOLECULES, PROVIDING IMMUNE BOOSTING POWER.

Source: The Health Benefits of Medicinal Mushrooms by Mark Stengler, ND

Garlic Tabs

The garlic powder used in our tablets contains a minimum of 10,000 mcg of allicin and 22,000 mcg of alliin. Along with these most active components of garlic, we include vitamins A, C and E to boost the antioxidant benefits, and the phyto-nutrient chlorophyllin for added support and to manage the garlic aftertaste.

#275 60 tablets \$15.75



JOINT AND CONNECTIVE TISSUE

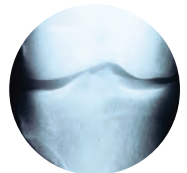


JointAssure®

A specialized blend that combines glucosamine, a bioavailable nutrient complex, with high quality herbs and enzymes such as yucca, bromelain, feverfew, cayenne in the accompaniment of niacinamide and curcumin from tumeric. Sensitive to MSM? - try JointAssure.

Contains ingredients derived from shrimp & crab shell.

#210 80 capsules \$29.95



FOR THE PARTICIPANTS IN THE MODERATE-TO-SEVERE PAIN SUBGROUP-GLUCOSAMINE COMBINED WITH CHONDROITIN SULFATE PROVIDED STATISTICALLY SIGNIFICANT PAIN RELIEF WHEN COMPARED TO PLACEBO.

Source: US department of Health and Human Services

Complete supplement facts on page 20 & 21

*This statement has not been evaluated by the Food and Drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

JointAssure[®] Plus, Hyaluronic Acid & Ginkgo Biloba

JointAssure[®] Plus

Plus is the same specialized blend as JointAssure with the additions of chondroitin, a major constituent and conduit for healthy cartilage, and MSM, an essential dietary sulfur compound that plays a vital role in the maintenance of the body's connective tissue.*

Contains ingredients derived from shrimp & crab shell.

#215 120 capsules \$39.95



Hyaluronic Acid

A full range of nutritional support for the joints, skin and connective tissues composed of a highly absorbable form of hyaluronic acid, chondroitin sulfate, and a type of collagen known as BioCell Collagen II. Other fortifying ingredients include vitamin C, niacinamide, glucosamine, and MSM.

Contains ingredients derived from shrimp & crab shell.

#285 90 capsules \$42.95

BioCellCollagen © is a registered trademark of BioCell Technology LLC, Anaheim California USA (US Patents 6,025,327;6,323,319;6,780,841;7,091,180 other US and foreign patents pending.)



NERVOUS SYSTEM SUPPORT

Ginkgo Biloba w/ DHA

Combines only the best Ginkgo Biloba extract with a primary building block of the brain, known as docosahexaenoic acid (DHA). DHA is an Omega-3 fatty acid that is vital to brain development and maintenance. Utilized to enhance performance and vascular capacity, throughout the entire body. The benefits of Ginkgo Biloba include cardiovascular and nervous system support, visual acuity, mental alertness and more traditionally, to promote youthful vitality.*

Contains ingredients derived from tuna.

#200 60 capsules \$24.95

Complete supplement facts on page 21



MoodAssure® & SweetSleep™



MoodAssure®



This is a comprehensive blend of St John's Wort and L-theanine. St John's Wort is a soothing bioflavonoid rich herb; while L-theanine is an integral component that studies have shown to help promote mental and physical relaxation without producing the accompanying drowsiness. Other ingredients include generous portions of B-complex vitamins, as well as, muscle relaxing minerals: calcium, magnesium, zinc and copper.*

#230 90 capsules \$22.95



SweetSleep™

A natural dietary supplement that nutritionally supports sound sleep with the highest quality melatonin. This product has been formulated along with the sleep supporting components vitamin B6, calcium, magnesium, and inositol. Research has shown that melatonin also operates as an immune booster and powerful antioxidant.*

#220 60 capsules \$14.95



Complete supplement facts on page 22



HEALTHY ENERGY SNACK OR MEAL REPLACEMENT

Maximum Living Nutrition Bites®

These are delicious tasting, nutritionally balanced, soy-based energy snacks. When used as a component of a responsible weight loss program, these tasty treats contain nutrients necessary to facilitate weight loss and build lean muscle.* Our unique formulation includes easily digested soy protein, minerals, essential fatty acids, and all eight essential amino acids. Sweetened with natural honey and brown rice syrup. Soy protein consumption may reduce the risk of coronary heart disease.

#405	Vanilla Nut	80 nuggets	\$19.95
#406	Chocolate Fudge	80 nuggets	\$19.95
#407	Peanut Butter	80 nuggets	\$19.95
#408	Irish Cream	80 nuggets	\$19.95



EATING JUNK FOOD ON A REGULAR BASIS FORCES THE BODY TO USE UP MORE OF ITS OXYGEN RESERVES THAN USUAL, IN ORDER TO METABOLIZE THE PRESERVATIVES AND WHAT FEW NUTRIENTS MAY ACTUALLY BE IN THE FOOD.

Source: The Complete Idiot's Guide to Vitamins and Minerals



Complete supplement facts on page 22

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BOOKS BY MAUREEN KENNEDY SALAMAN

All Your Health Questions Answered Naturally

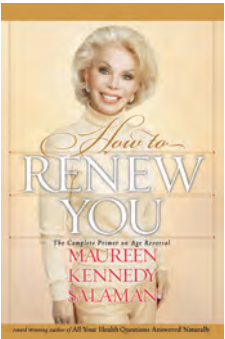
A nutritional encyclopedia reference book, in which Maureen tells you what you need to know. Over 160 insightful chapters of alternative and natural resources not only to maintain and better your health, but also to help combat many ailments.

ISBN: 0913087270 #565 \$29.95



How to Renew You:

The Complete Primer on Age Reversal



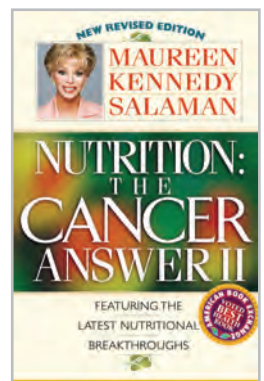
By incorporating the basic principles of renewal: discover the secrets and success stories of staying youthful and glowing regardless of your age. This study on aging includes cutting edge medical science research you can use in your daily life. Rekindle, replenish and rejuvenate you today.

ISBN: 0913087173 #570 \$19.95

Nutrition: The Cancer Answer

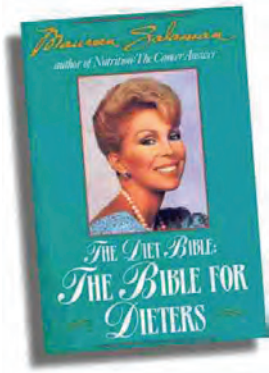
This landmark publication details numerous and powerful nutritional weapons that can be employed in our ongoing war with cancer. Discover the Bio-X cancer prevention diet, the alternative physician's protocol, and information on the latest alternative therapies for preventing and dealing with specific cancers.

ISBN: 091308719X #650 \$16.95





Books & Booklets



The Diet Bible

With an adherence to the biblical principles detailed in this book, thousands of people have discovered the formula for losing unwanted pounds and keeping them off. These nutritional guidelines are thousands of years old and have been proven to be the correct approach to weight reduction by today's nutritionists.

ISBN: 0913087033 #530 \$17.50

Foods that Heal

An MKS Classic. You can prevent and possibly reverse more than 100 common ailments by utilizing this thoroughly researched primer on divinely created natural foods.

ISBN: 0913087025 #510 \$19.95

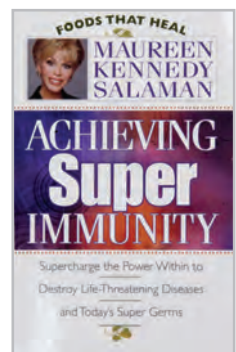


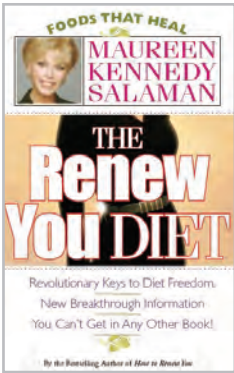
BOOKLET SERIES

Achieving Super Immunity

Learn how to supercharge the power within your immune system to destroy life-threatening diseases and today's super germs. All the antibiotics, vaccines, and medications in the world can't compare to the power of super immunity.

ISBN: 0913087254 #610 \$7.95





The Renew You Diet

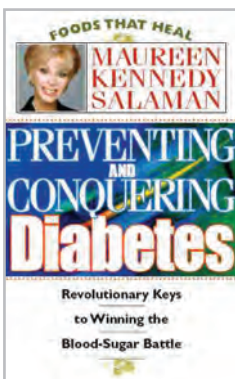
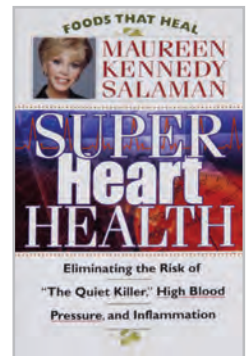
This book offers groundbreaking revelations that pinpoint causes and solutions of weight gain you never imagined to exist. Gain a clear understanding of foods that make you fat, as well as those foods that burn the fat.

ISBN: 0913087262 #620 \$7.95

Super Heart Health

Packing volumes of valuable information into a quick read, Maureen delivers facts on heart health that can save your life – eliminating the risk of high blood pressure and inflammation.

ISBN: 0913087289 #625 \$7.95



Preventing & Conquering Diabetes

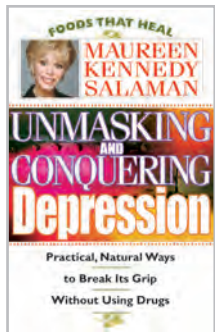
Cutting through the confusion that often surrounds diabetes, Maureen delivers invaluable facts on understanding, preventing, and conquering this serious disease. Included are groundbreaking revelations that pinpoint exactly what you need to do to win the blood-sugar battle.

ISBN: 0913087297 #630 \$7.95



Booklet & Supplement Facts

Unmasking & Conquering Depression



Written in a supportive and understanding style, you will consider Maureen to be your “best friend” as she brilliantly uncovers the causes of depression, shows you what steps to take to turn your life around and illuminates the path to a happy and joyous life.

ISBN: 0913087300 #635 \$7.95

Supplement Facts

MineralRich®

Supplement Facts		
Serving Size 1 ounce (30 ml)		
Servings Per Container 32		
Amount Per Serving		% Daily Value
Calories	30	
Total Carbohydrate	10 g	<4%*
Sugars	3 g	†
Vitamin B-12	1,000 mcg	16,667%*
Biotin	200 mcg	67%*
Calcium	25 mg	2%*
Magnesium	100 mg	25%*
Zinc	10 mg	67%*
Selenium	50 mcg	71%*
Manganese	5 mg	250%*
Chromium	50 mcg	42%*
Potassium	10 mg	<1%*
Silica	1,000 mcg	†
A Treasury of Minerals® Proprietary Blend	7.1 g	
Sorbitol (d-glucitol)		†
Ionic Trace Mineral Complex (as a natural mineral deposit from an ancient inland sea)		†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredients: Purified water, naturally sourced pure fructose, magnesium complex (magnesium sulfate, magnesium citrate, magnesium gluconate), citric acid, calcium complex (calcium levulinate, calcium sulfate, calcium citrate, dicalcium phosphate), zinc complex (zinc sulfate, zinc citrate, zinc gluconate), sodium benzoate (as a preservative), potassium complex (potassium chloride, potassium citrate, potassium gluconate), manganese complex (manganese sulfate, manganese citrate), caramel color, wild cherry flavor with other natural fruit extracts, sodium metasilicate, cyanocobalamin, chromium complex (chromium chloride, chromium picolinate), biotin, selenium complex (sodium selenite, selenomethionine).

A Treasury of Minerals® Proprietary Blend is a specially formulated blend of a natural mineral deposit (containing nature's balance of over 70 trace minerals) dissolved and suspended in our unique matrix. This natural mineral deposit is a uniquely rich and pure resource that has had the heavy metals such as lead, iron, fluoride, aluminum, and arsenic naturally precipitated and immobilized so that its content in this product is minimized.

MineralRich® Plus Aloe

Supplement Facts		
Serving Size 1 Ounce (30 ml)		
Servings Per Container 32		
Amount Per Serving		% Daily Value
Calories	30	
Total Carbohydrate	10 g	<4%*
Sugars	3 g	†
Vitamin B-12	1,000 mcg	16,667%*
Biotin	200 mcg	67%*
Calcium	25 mg	2%*
Magnesium	100 mg	25%*
Zinc	10 mg	67%*
Selenium	50 mcg	71%*
Manganese	5 mg	250%*
Chromium	50 mcg	42%*
Potassium	10 mg	<1%*
Silica	1,000 mcg	†
A Treasury of Minerals® Proprietary Blend	7.2 g	
Sorbitol (d-glucitol)		†
Aloe Vera Gel, 200:1 (leaf)		†
Ionic Trace Mineral Complex (as a natural mineral deposit from an ancient inland sea)		†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredients: Purified water, naturally sourced pure fructose, magnesium complex (magnesium sulfate, magnesium citrate, magnesium gluconate), citric acid, calcium complex (calcium levulinate, calcium sulfate, calcium citrate, dicalcium phosphate), zinc complex (zinc sulfate, zinc citrate, zinc gluconate), sodium benzoate (as a preservative), potassium complex (potassium chloride, potassium citrate, potassium gluconate), manganese complex (manganese sulfate, manganese citrate), caramel color, wild cherry flavor with other natural fruit extracts, sodium metasilicate, cyanocobalamin, chromium complex (chromium chloride, chromium picolinate), biotin, selenium complex (sodium selenite, selenomethionine).

A Treasury of Minerals® Proprietary Blend is a specially formulated blend of a natural mineral deposit (containing nature's balance of over 70 trace minerals) dissolved and suspended in our unique matrix. This natural mineral deposit is a uniquely rich and pure resource that has had the heavy metals such as lead, iron, fluoride, aluminum, and arsenic naturally precipitated and immobilized so that its content in this product is minimized.



Supplement Facts

VitaSprout®

Supplement Facts			
Serving Size 4 capsules		Servings Per Container 30	
Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Calories	10	Iodine	150 mcg 100%
Total Carbohydrate	2 g <1%*	Magnesium	150 mg 38%
Vitamin A	10,000 IU 200%	Zinc	15 mg 100%
(50:50 natural mixed carotenoids/palmitate)			
Vitamin C	500 mg 833%	Selenium	50 mcg 71%
Vitamin D	1,000 IU 250%	Copper	2 mg 100%
Vitamin E	120 IU 400%	Manganese	15 mg 750%
Vitamin K	65 mcg 81%	Chromium	200 mcg 167%
Thiamin	30 mg 2,000%	Molybdenum	100 mcg 133%
Riboflavin	30 mg 1,765%	Potassium	75 mg 2%
Niacin	30 mg 150%	Dried Adzuki Sprouts	250 mg †
Vitamin B6	30 mg 1,500%	Dried Broccoli	100 mg †
Folic Acid	400 mcg 100%	Dried Tomatoes	100 mg †
Vitamin B12	300 mcg 5,000%	Garlic (odorless)	100 mg †
Biotin	100 mcg 33%	Dried Carrots	60 mg †
Pantothenic Acid	30 mg 300%	Dried Celery	60 mg †
Calcium	300 mg 30%	Rosemary	50 mg †
		Acidophilus	50 mg †
		Dried Green Pepper	30 mg †
		Dried Spinach	30 mg †
		Green Tea Extract	30 mg †
		Licorice (DGL)	30 mg †
		Horsetail	200 mg †
		Pine Bark Extract	10 mcg †
		Inositol	30 mg †
		Choline Bitartrate	30 mg †
		Para Amino Benzoic Acid 10 mg †	†
		Boron	3 mg †
		Silica	10 mg †
		Vanadium	50 mcg †

Ingredients: Calcium carbonate, ascorbic acid, gelatin capsule shell, magnesium oxide, adzuki bean sprouts, horsetail herb, d-alpha tocopheryl acetate, potassium chloride, manganese gluconate, broccoli powder, tomato powder, odorless garlic powder, calcium borogluconate, carrot powder, celery powder, natural mixed carotenoids, lactobacillus acidophilus, rosemary powder, calcium pantothenate, pyridoxine hydrochloride, thiamine mononitrate, cyanocobalamin, silica, magnesium stearate, riboflavin, green tea extract, green pepper powder, spinach powder, deglycyrrhized licorice root, choline bitartrate, inositol, zinc oxide, niacin, niacinamide, copper gluconate, cholecalciferol, vitamin A palmitate, biotin powder, para amino benzoic acid, ascorbyl palmitate, calcium ascorbate, zinc gluconate, selenium amino acid chelate, folic acid, kelp, magnesium glycinate, magnesium gluconate, potassium gluconate, potassium iodide, phytonadione, chromium chloride, sodium molybdate, vanadyl sulfate, chromium picolinate and pine bark extract. * (**Pycnogenol,® which is a registered trademark of Horphag Research, Ltd., is protectec by US Patent No. 4,698,365.)

Contains ingredients derived from milk.

Solu-C® capsules

Supplement Facts	
Serving Size 2 Capsules	
Servings Per Container 45	
Amount Per Serving	% Daily Value
Calories	5
Total Carbohydrate	1 g <1%*
Vitamin C	1000 mg 1667%
(as ascorbic acid, calcium ascorbate, ascorbyl palmitate, magnesium ascorbate, zinc ascorbate, and rosehips)	
Bioflavonoids	100 mg †
(from lemon, grape and citrus rinds)	
Rutin (from Dimorphandra Molis)	50 mg †
Green Tea	50 mg †
(from Camellia Sinensis leaf)	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Gelatin, cellulose, silica.

Probiotic Blend

Supplement Facts	
Serving Size 2 tablets	
Servings Per Container 30	
Amount Per Serving	% Daily Value
Sodium	70 mg 2%
Probiotic Blend in a rice maltodextrin carrier	4 billion
Lactobacillus acidophilus (40%)	*
Bifidobacterium bifidum (40%)	*
Lactobacillus salivarius (10%)	*
Lactobacillus rhamnosus (10%)	*

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose, pectin, sodium bicarbonate, soda ash, silica, stearic acid, and turmeric.

Contains ingredients derived from milk.



Supplement facts

Borage Oil

Supplement Facts

Serving Size 1 capsule
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 1%*
Gamma Linolenic Acid (GLA)	240 mg†
Linoleic Acid	370 mg†
Oleic Acid	150 mg†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredients: Borage oil (Borago officinalis).

Capsule consists of gelatin, glycerin and water. Gelatin is 100% natural and contains no added preservatives.

Solu-C® Powder

Supplement Facts

Serving Size ¼ Teaspoon (1.25 g)
Servings Per Container 360

Amount Per Serving	% Daily Value
Calories	5
Total Carbohydrate	1 g <1%*
Vitamin C	850 mg 1,417%
(as buffered ascorbic acid, calcium ascorbate, magnesium ascorbate, and zinc ascorbate)	
Citrus Bioflavonoids 50% (from lemon, grapefruit, and orange rinds)	350 mg †
Rutin	25 mg †

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Calcium carbonate.

Solu-C® Chewable

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per Serving	% Daily Value
Calories	5
Total Carbohydrate	2 g 1%*
Sugars	0 g †
Maltitol	2 g †
Vitamin C	1,000 mg 1,667%
(as ascorbic acid, calcium ascorbate, magnesium ascorbate, and zinc ascorbate)	
Bioflavonoids 50% (from citrus bioflavonoid complex)	40 mg †
Stevia rebaudiana leaf extract	40 mg †
Quercetin (from rutin)	20 mg †
Proanthocyanidins (from grape seed extract)	10 mg †

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Food glaze, natural flavors, natural beet color, and magnesium stearate.

Amino Acids

Supplement Facts

Serving Size 2 capsules
Servings Per Container 50

Amount Per Serving	% Daily Value
Calories	5
Protein	1 g 2%*
Proprietary Blend	1200 mg †
L-Glutamic Acid, L-Phenylalanine, L-Leucine, L-Aspartic Acid, L-Lysine, L-Ornithine, L-Arginine, L-Methionine, L-Threonine, L-Isoleucine, L-Proline, L-Valine, L-Alanine, L-Serine, L-Tyrosine, L-Cystine, Glycine, L-Histidine, L-Tryptophan, L-Asparagine, L-Citrulline, Lactase	

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Ingredients: Whey hydrolysate, gelatin, L-phenylalanine, L-ornithine hydrochloride, L-arginine hydrochloride, L-methionine, L-asparagine, L-citrulline, and lactase.

Contains ingredients derived from milk.

OptiMax®

Supplement Facts

Serving Size 4 tablets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	15	Manganese	2 mg 100%
Total Carbohydrate	2 g <1%*	(as manganese gluconate)	
Protein	1 g 2%*	Chromium (as chromium aspartate)	100 mcg 83%
Vitamin A	10,000 IU 200%	Molybdenum	100 mcg 133%
(as natural mixed carotenoids)			
Vitamin C (as ascorbic acid)	360 mg 600%	(as molybdenum aspartate)	
Vitamin E	300 IU 1,000%	Bioflavonoid Complex	250 mg †
(as d-alpha tocopheryl acetate)			
Thiamine (as thiamin mononitrate)	10 mg 667%	(citrus and lemon peels)	
Riboflavin (Vitamin B2)	25 mg 1,470%	Taurine	200 mg †
Niacin (as niacinamide)	20 mg 100%	N-acetyl-cysteine	200 mg †
Vitamin B6 (as pyridoxine HCl)	25 mg 1,250%	Methionine (as L-methionine)	100 mg †
Folic Acid	800 mcg 200%	Bilberry Leaf	100 mg †
Vitamin B12	12 mcg 200%	Bilberry Extract (from berries)	50 mg †
(as resin-bound cobalamin)			
Biotin	300 mcg 100%	Quercetin (from rutin)	50 mg †
Pantothenic Acid	50 mg 500%	Eye Bright (from whole plant)	20 mg †
(as calcium pantothenate)			
Zinc (as zinc picolinate)	15 mg 100%	Glutathione (reduced)	10 mg †
Selenium (as selenium aspartate)	100 mcg 143%	Lutein	8 mg †
Copper (as copper gluconate)	2 mg 100%	Lycopene (from tomato)	5 mg †
Zeaxanthin 2 mg †			

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Cellulose, calcium carbonate, vegetable stearate, stearic acid, silica, and food glaze as a protective coating.

Antioxidant

Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	20,000 IU 400%
Vitamin C (as ascorbyl palmitate)	50 mg 83%
Vitamin E (as d-alpha tocopheryl)	150 IU 500%
Zinc (as zinc picolinate)	100 mcg 1%
Selenium (as selenomethionine)	70 mcg 100%
Chromium (as chromium picolinate)	120 mcg 100%
Echinacea Angustifolia Extract (whole plant)	100 mg *
Jerusalem Artichoke (whole plant)	100 mg *
Methionine (as dl-methionine)	80 mg *
Cysteine (as L-cysteine)	80 mg *
Dimethylglycine (as N,N dimethylglycine HCl)	80 mg *
Glutathione (reduced)	60 mg *
Grass Burdock Root Extract (Arctium lappa)	50 mg *
Ginkgo Biloba Extract	50 mg *
(from leaves; standardized 24%)	
Proanthocyanidin Extract (grape seed)	20 mg *
Alpha Lipoic Acid	20 mg *

* Daily Value not established.
Other Ingredients: Gelatin capsule shell and silica.

Supplement facts



E-400

Supplement Facts		
Serving Size 2 Capsules		
Servings Per Container 30		
Amount Per Serving		% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%*
Vitamin E (d-alpha tocopherol)	800 IU	2,667%

* Percent Daily Values are based on a 2,000 calorie diet.

Capsule consists of gelatin, glycerin and water. Gelatin is 100% natural

ProstaBlend™

Supplement Facts		
Serving Size 1 capsule		
Servings Per Container 90		
Amount Per Serving		% Daily Value
Folic Acid	400 mcg	100%
Zinc (as zinc aspartate)	15 mg	100%
Selenium (as sodium selenite)	70 mcg	100%
Saw Palmetto Fruit Extract (25%)	160 mg	*
Pumpkin Seed	90 mg	*
Lycopene Plant Extract (1%)	5 mg	*
Pygeum Cortex	10 mg	*
L-Glycine	100 mg	*
L-Alanine	100 mg	*
L-Glutamic Acid	100 mg	*
Proprietary Blend	18 mg	*
Stinging Nettles		*
Cayenne Fruit		*
Goldenseal Root		*
M Marshmallow Root		*
Juniper Berries		*
Ginger Root		*

* Daily Value not established.

Other Ingredients: Gelatin, dicalcium phosphate, cellulose, magnesium stearate, and silica.

Little Angels® chewable

Supplement Facts							
Serving Size 2 tablets							
Servings Per Container 30							
Amount Per Serving		% Daily Value Children Under Four Years of Age	% Daily Value For Adults and Children 4 or More Years of Age	Amount Per Serving	% Daily Value Children Under Four Years of Age	% Daily Value For Adults and Children 4 or More Years of Age	
Calories	10			Pantothenic Acid	10 mg	200%	100%
Total Carbohydrate	3 g	†	<1%*	Calcium	25 mg	3%	3%
Sugars	2 g	†	†	Iodine	45 mcg	64%	30%
Vitamin A	2,500 IU	100%	50%	Magnesium	25 mg	13%	6%
Vitamin C	90 mg	225%	150%	Zinc	5 mg	63%	33%
Vitamin D	400 IU	100%	100%	Selenium	20 mcg	†	29%
Vitamin E	30 IU	300%	100%	Copper	0.4 mg	40%	20%
Vitamin K	20 mcg	†	25%	Manganese	2 mg	†	100%
Thiamin (B1)	1.5 mg	214%	100%	Chromium	50 mcg	†	42%
Riboflavin (B2)	1.7 mg	212%	100%	Molybdenum	50 mcg	†	67%
Niacin	20 mg	222%	100%	Potassium	15 mg	†	<1%
Vitamin B6	2 mg	285%	100%				
Folic Acid	200 mcg	100%	50%	Boron	200 mcg	†	†
Vitamin B12	6 mcg	200%	100%				
Biotin	75 mcg	50%	25%				

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Ingredients: Sucrose, fructose, sorbitol, natural flavors, cherry juice crystals, microcrystalline cellulose, ascorbic acid, stearic acid, calcium carbonate, niacinamide, carrageenan, maltodextrin, magnesium oxide, citric acid, magnesium stearate, potassium citrate, silica, d-alpha-tocopherol succinate, sodium molybdenate, sodium ascorbate, zinc citrate, manganese sulfate, D-calcium pantothenate, biotin, pyridoxine HCl, beta-carotene, riboflavin, thiamin mononitrate, selenomethionine, boron citrate, folic acid, phytonadione, calcium citrate, retinyl palmitate, copper oxide, carmine, cyanocobalamin, magnesium citrate, cholecalciferol, niacin-bound chromium polynicotinate, ** potassium iodide, copper chelate, and manganese chelate.

**ChromeMate® brand, which is a registered trademark of InterHealth Company, is protected by US Patent No. 4,923,855.



Supplement facts

Angel-C® chewable

Supplement Facts			
Serving Size 2 Tablets			
Servings Per Container 30			
		% Daily Value for Children Under 4 Years of Age	% Daily Value for Adults and Children 4 or more Years of Age
Amount Per Serving			
Calories	5		
Total Carbohydrate	2 g	†	<1%*
Sugars	0 g	†	†
Maltitol	2 g	†	†
Vitamin C	500 mg	1250%	833%
(from ascorbic acid, calcium ascorbate, magnesium ascorbate, and zinc ascorbate)			
Bioflavonoids 50%	20 mg	†	†
(from citrus bioflavonoid complex)			
Stevia rebaudiana leaf extract	40 mg	†	†
Quercetin (from rutin)	10 mg	†	†
Proanthocyanidins	5 mg	†	†
(from grape seed extract)			

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Food glaze, natural flavors, natural beet color, and magnesium stearate.

Hyssop Cleanse®

Supplement Facts		
Serving Size 8 Tablets		
Servings Per Container 30		
	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrates	5 g	2%*
Dietary Fiber	1.8 g	7%*
Proprietary Blend	6.12 g	
Psyllium Husks		†
Oat Bran (oats)		†
Hyssop (leaves)		†
Lactobacillus Acidophilus		†
Whey		†
Alofta (leaf)		†
Rhubarb (root)		†
Buckthorn (bark)		†
Goldenseal (root)		†
Gentian (root)		†
Cascara Sagrada (bark)		†
Aloe Socotrina (leaf)		†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Dicalcium phosphate, stearic acid, microcrystalline cellulose, magnesium stearate, pharmaceutical glaze.
Contains ingredients derived from milk.

Enzyme Ease®

Supplement Facts	
Serving Size 2 tablets	
Servings Per Container 60	
	Amount Per Serving
Pancreatin (8x)	100 mg*
Bromelain (2500 MCU/gm)	200 mg*
Papain	100 mg*
Lipase	20 mg*
Amylase	20 mg*
Trypsin & Alpha Chymotrypsin	100 mg*
Quercetin (from rutin)	50 mg*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate, stearic acid, and food glaze as a protective coating.



Multi-Enzyme

Supplement Facts	
Serving Size 1 Tablet Servings Per Container 90	
Amount Per Serving	% Daily Value
Amylase (1,000 SKBU)	50 mg*
Betaine HCl (from beets)	50 mg*
Acid Protease (50 SAPU)	25 mg*
Cellulase (1,000 CU)	20 mg*
Lipase (120 LU)	15 mg*
Lactase (275 FCC)	2.75 mg*
Papain (25,000 PU)	1.57 mg*
* Daily Value not established.	

Other Ingredients: Cellulose, calcium carbonate, stearic acid, modified cellulose gum, magnesium stearate, and silica.

Flax Seed Oil

Supplement Facts	
Serving Size 2 capsules Servings Per Container 60	
Amount Per Serving	% Daily Value
Calories	18
Calories from Fat	18
Total Fat	2 g 4%*
Saturated Fat	0 g
Cholesterol	0 mg
* Percent Daily Values are based on a 2,000 calorie diet.	

Ingredients: Flax seed oil (organic), gelatin, water, glycerin, carob, and d-alpha tocopherol.

CoQ10

Supplement Facts	
Serving Size 1 Capsule Servings Per Container 30	
Amount Per Serving	% Daily Value
Vitamin E (d-alpha tocopheryl acetate)	50 IU 167%
Selenium (as selenium aspartate)	100 mcg 143%
Coenzyme Q10	50 mg *
Phospholipids (from soy lecithin)	25 mg *
Phosphatidyl-choline	3 mg
Phosphatidyl-ethanolamine	3 mg
Phosphatidyl-inositol	3 mg
* Daily Value not established.	

Other Ingredients: Microcrystalline cellulose, gelatin capsule shell, di-calcium phosphate.
Capsule consists of gelatin, glycerin and water. Gelatin is 100% natural and contains no added preservatives.

Folic Acid ODT (orally disintegrating tablet)

Supplement Facts	
Serving Size 1 tablet Servings Per Container 30	
Amount Per Serving	% Daily Value
Folate (as folic acid)	800 mcg 200%
Vitamin B12 (as cobalamin)	120 mcg 2,000%

Other Ingredients: Pharmaburst™, natural flavors, stearic acid, citric acid, magnesium stearate, and silica.

m-u Boost®

Supplement Facts	
Serving Size 3 Capsules Servings Per Container 30	
Amount Per Serving	% Daily Value
Zinc (as zinc monomethionine)	3.75 mg 25%
Selenium (as selenomethionine)	18 mcg 26%
Andrographis paniculata (whole herb) 10:1 concentrated extract	200 mg *
Echinacea purpurea (root) 4:1 concentrated extract	250 mg *
Reishi Mushroom (4:1 concentrated extract)	150 mg *
Goldenseal Root (4:1 concentrated extract)	100 mg *
Alpha Lipoic Acid	10 mg *
* Daily Value not established.	

Other Ingredients: Dicalcium phosphate, gelatin, cellulose, and magnesium stearate.

m-u Boost™ contains concentrated herbal extracts that have the following equivalencies: 200 mg of Andrographis paniculata 10:1 extract equivalent to 2,000 mg of whole herb; 250 mg of Echinacea purpurea 4:1 extract equivalent to 1,000 mg of root; 150 mg of Reishi mushroom 4:1 extract equivalent to 600 mg of whole mushroom; 100 mg of Goldenseal root 4:1 extract equivalent to 400 mg of herb root.



Supplement facts

Garlic Tabs

Supplement Facts

Serving Size 2 tablets
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin A (as palmitate)	4,000 IU	80%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin E (as d-alpha tocopheryl acetate)	24 IU	80%
Garlic Clove Powder† (Allium sativum)	1,000 mg	*
Glutathione (reduced)	50 mg	*
Chlorophyllin (from mulberry leaf)	10 mg	*

*Daily Value not established.

Other Ingredients: Hydroxypropyl methyl cellulose, calcium carbonate, cellulose, stearic acid, silica, magnesium stearate, and food glaze as a protective coating.

† Our specially grown garlic is harvested to contain a minimum of 10,000 mcg of allicin and 22,000 mcg of alliin per serving.

JointAssure®

Supplement Facts

Serving Size 3 capsules
Servings Per Container 40

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	1 g	<1%*
Niacin (as niacinamide)	50 mg	250%
Glucosamine (from 800 mg glucosamine sulfate)	380 mg†	
Chondroitin Sulfate	400 mg†	
Yucca Root (Yucca Filamentosa)	300 mg†	
Bromelain (1200 GDU/gram)	200 mg†	
MSM (methylsulfonylmethane)	100 mg†	
Curcumin (95% extract; from turmeric)	100 mg†	
Feverfew (leaves)	40 mg†	
Cayenne Pepper (300 scoville units)	20 mg†	

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin capsule shell, (may include cellulose). Contains ingredients derived from shrimp and crab shell.

JointAssure® Plus

Supplement Facts

Serving Size 3 capsules
Servings Per Container 40

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrate	1 g	<1%*
Niacin (as niacinamide)	50 mg	250%
Glucosamine (from 800 mg glucosamine sulfate)	380 mg†	
Chondroitin Sulfate	400 mg†	
Yucca Root (Yucca Filamentosa)	300 mg†	
Bromelain (1200 GDU/gram)	200 mg†	
MSM (methylsulfonylmethane)	100 mg†	
Curcumin (95% extract; from turmeric)	100 mg†	
Feverfew (leaves)	40 mg†	
Cayenne Pepper (300 scoville units)	20 mg†	

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin capsule shell, (may include cellulose). Contains ingredients derived from shrimp and crab shell.

Hyaluronic Acid

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin C (as magnesium ascorbate)	180 mg	300%
Niacinamide	3 mg	15%
Glucosamine Sulfate	150 mg	*
MSM (methylsulfonylmethane)	90 mg	*
From 1.5 g of BioCell Collagen II®		
Hyaluronic Acid	150 mg	*
Chondroitin Sulfate	300 mg	*
Type II Collagen	900 mg	*

* Daily Value not established.

Other Ingredients: Gelatin, calcium carbonate, food glaze, vegetable stearate, silica. Contains ingredients derived from shrimp and crab shell.

BioCell Collagen II® is a registered trademark of BioCell Technology, LLC Anaheim, CA USA (US Patent 6,025,327; other USA and foreign patents pending).

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Ginkgo Biloba Extract (from Leaves; Standardized 24%)	120 mg*
DHA (Docosahexaenoic Acid)	50 mg*

* Daily Value not established.

Other Ingredients: (May include one or more of the following: cellulose, calcium carbonate, vegetable stearate, silicon dioxide.)

Contains ingredients derived from tuna.

Ginkgo Biloba w/DHA



SweetSleep™

MoodAssure®

Supplement Facts

Serving Size 1 capsule
Servings Per Container 60

Amount Per Serving	% Daily Value*	
Vitamin B6 (Pyridoxine HCl)	6 mg	300%
Magnesium (as Magnesium Aspartate)	100 mg	25%
Calcium (as Calcium Citrate)	25 mg	2%
Inositol	100 mg	*
Melatonin	1.5 mg	*

* Daily Value not established.

Other Ingredients: (May include one or more of the following: Cellulose, Calcium Carbonate, Vegetable Stearate, Stearic Acid, Silicon Dioxide.)

Supplement Facts

Serving Size 3 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value*	
Thiamin (Vitamin B1, as thiamine mononitrate)	25 mg	1,667%
Riboflavin (Vitamin B2)	25 mg	1,471%
Niacin (Vitamin B3, as niacin, niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	50 mg	2,500%
Folate (folic acid)	400 mcg	100%
Vitamin B12 (as cobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	50 mg	500%
Calcium (as calcium citrate)	25 mg	3%
Magnesium (as magnesium aspartate complex)	100 mg	25%
Zinc (as zinc gluconate)	10 mg	67%
Copper (as copper gluconate)	2 mg	100%
St. John's Wort (aerial part, standardized to .3% hypericin)	600 mg	*
L-Theanine	100 mg	*
L-Tyrosine	50 mg	*

* Daily Value not established.

Other Ingredients: Gelatin, cellulose, magnesium stearate.

Maximum Living Nutrition Bites®

PEANUT BUTTER

Nutrition Facts

Serving Size 8 Pieces (60g)
Servings Per Bag 10

Amount Per Serving	% Daily Value*	
Calories 240	Calories from Fat 60	
	% Daily Value*	
Total Fat 7g	11%	
Saturated Fat 1g	5%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 220mg	9%	
Total Carbohydrate 34g	11%	
Dietary Fiber 1g	4%	
Sugars 24g		
Protein 15g		
Vitamin A 25%	•	Vitamin C 25%
Calcium 25%	•	Iron 20%
Vitamin D 25%	•	Vitamin E 25%
Thiamin (B1) 25%	•	Vitamin B2 25%
Niacin 25%	•	Vitamin B6 25%
Vitamin B12 25%	•	Iodine 25%
Magnesium 10%	•	Zinc 25%
Copper 25%	•	Biotin 25%
Pantothenic Acid 25%		

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: SOY PROTEIN, BROWN RICE SYRUP, HONEY, HONEY POWDER, OATS, PEANUT BUTTER (FROMST PEANUTS), SOYA LECITHIN, NATURAL FLAVOR, VITAMIN A (FROM BETA CAROTENE), SOYA LECITHIN, NATURAL FLAVOR, VITAMIN A (FROM BETA CAROTENE), VITAMIN B COMPLEX (NACIN, PANTOTHENIC ACID, PYRIDOXINE, RIBOFLAVIN, THIAMIN, FOLIC ACID (5MCG), BIOTIN), VITAMIN B12, VITAMIN D, VITAMIN E, ALL NATURAL, VITAMIN C AND COMPLEX (D-ALPHA TOCOPHEROL, BETA TOCOPHEROL, DELTA TOCOPHEROL), CALCIUM CARBONATE, CALCIUM CITRATE, MAGNESIUM OXIDE, MAGNESIUM CHROMIUM AMINO ACID COMPLEX, (5MCG CHROMIUM), SELENOMETHIONINE (5MCG SELENIUM), POTASSIUM IODIDE, COPPER GLUCONATE, ZINC ASCORBATE.

VANILLA

Nutrition Facts

Serving Size 8 Pieces (60g)
Servings Per Bag 10

Amount Per Serving	% Daily Value*	
Calories 240	Calories from Fat 60	
	% Daily Value*	
Total Fat 8g	9%	
Saturated Fat 0.5g	3%	
Trans Fat 0g	0%	
Cholesterol 0mg	0%	
Sodium 190mg	8%	
Total Carbohydrate 32g	11%	
Dietary Fiber 1g	4%	
Sugars 21g		
Protein 15g		
Vitamin A 25%	•	Vitamin C 25%
Calcium 25%	•	Iron 25%
Vitamin D 25%	•	Vitamin E 25%
Thiamin (B1) 25%	•	Vitamin B2 25%
Niacin 25%	•	Vitamin B6 25%
Vitamin B12 25%	•	Iodine 25%
Magnesium 25%	•	Zinc 25%
Copper 25%	•	Biotin 25%
Pantothenic Acid 25%		

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: SOY PROTEIN, BROWN RICE SYRUP, HONEY, HONEY POWDER, OATS, ALMOND BUTTER, SOYA LECITHIN, NATURAL FLAVOR, VITAMIN A (FROM BETA CAROTENE), VITAMIN B COMPLEX (NACIN, PANTOTHENIC ACID, PYRIDOXINE, RIBOFLAVIN, THIAMIN, FOLIC ACID (5MCG), BIOTIN, VITAMIN B12), VITAMIN C, VITAMIN D, ALL NATURAL, VITAMIN E COMPLEX (D-ALPHA TOCOPHEROL, BETA TOCOPHEROL, DELTA TOCOPHEROL), CALCIUM CARBONATE, CALCIUM CITRATE, MAGNESIUM OXIDE, MAGNESIUM CITRATE, CHROMIUM AMINO ACID COMPLEX, (5MCG CHROMIUM), SELENOMETHIONINE (5MCG SELENIUM), POTASSIUM IODIDE, COPPER GLUCONATE, ZINC ASCORBATE.

CHOCOLATE

Nutrition Facts

Serving Size 8 Pieces (60g)
Servings Per Bag 10

Amount Per Serving	% Daily Value*	
Calories 220	Calories from Fat 45	
	% Daily Value*	
Total Fat 5g	8%	
Saturated Fat 0.5g	3%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 170mg	7%	
Total Carbohydrate 34g	11%	
Dietary Fiber 2g	8%	
Sugars 23g		
Protein 15g		
Vitamin A 25%	•	Vitamin C 25%
Calcium 25%	•	Iron 20%
Vitamin D 25%	•	Vitamin E 25%
Thiamin (B1) 25%	•	Vitamin B2 25%
Niacin 25%	•	Vitamin B6 25%
Vitamin B12 25%	•	Iodine 25%
Magnesium 10%	•	Zinc 25%
Copper 25%	•	Biotin 25%
Pantothenic Acid 25%		

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: SOY PROTEIN, BROWN RICE SYRUP, HONEY, OATS, ALMOND BUTTER (ALMONDS), SOYA LECITHIN, NATURAL FLAVOR, HONEY POWDER, VITAMIN A (FROM BETA CAROTENE), VITAMIN B COMPLEX (NACIN, PANTOTHENIC ACID, PYRIDOXINE, RIBOFLAVIN, THIAMIN, FOLIC ACID (5MCG), BIOTIN, VITAMIN B12), VITAMIN C, VITAMIN D, ALL NATURAL, VITAMIN E COMPLEX (D-ALPHA TOCOPHEROL, BETA TOCOPHEROL, DELTA TOCOPHEROL), CALCIUM CARBONATE, CALCIUM CITRATE, MAGNESIUM OXIDE, MAGNESIUM CITRATE, CHROMIUM AMINO ACID COMPLEX, (5MCG CHROMIUM), SELENOMETHIONINE (5MCG SELENIUM), POTASSIUM IODIDE, COPPER GLUCONATE, ZINC ASCORBATE.

INGREDIENTS: SOY PROTEIN, BROWN RICE SYRUP, HONEY, HONEY POWDER, OATS, ALMOND BUTTER, SOYA LECITHIN, NATURAL FLAVOR, VITAMIN A (FROM BETA CAROTENE), VITAMIN B COMPLEX (NACIN, PANTOTHENIC ACID, PYRIDOXINE, RIBOFLAVIN, THIAMIN, FOLIC ACID (5MCG), BIOTIN, VITAMIN B12), VITAMIN C, VITAMIN D, ALL NATURAL, VITAMIN E COMPLEX (D-ALPHA TOCOPHEROL, BETA TOCOPHEROL, DELTA TOCOPHEROL), CALCIUM CARBONATE, CALCIUM CITRATE, MAGNESIUM OXIDE, MAGNESIUM CITRATE, CHROMIUM AMINO ACID COMPLEX, (5MCG CHROMIUM), SELENOMETHIONINE (5MCG SELENIUM), POTASSIUM IODIDE, COPPER GLUCONATE, ZINC ASCORBATE.

Amount Per Serving	% Daily Value*	
Calories 240	Calories from Fat 60	
	% Daily Value*	
Total Fat 4g	6%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 150mg	6%	
Total Carbohydrate 36g	11%	
Dietary Fiber 1g	4%	
Sugars 31g		
Protein 15g		
Vitamin A 25%	•	Vitamin C 25%
Calcium 25%	•	Iron 20%
Vitamin D 25%	•	Vitamin E 25%
Thiamin (B1) 25%	•	Vitamin B2 25%
Niacin 25%	•	Vitamin B6 25%
Vitamin B12 25%	•	Iodine 25%
Magnesium 10%	•	Zinc 25%
Copper 25%	•	Biotin 25%
Pantothenic Acid 25%		

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Total Carbohydrate	Less than 300g	375g
Dietary Fiber	25g	30g

IRISH CREAM



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